

Family-Centred Practice Readings and Resources

Session 2: Working with families Readings and Resources

Background: evolution of family-centred practice

Dunst, C. J., Johanson, C., Trivette, C.M. and Hamby, D. (1990). Family-oriented early intervention policies and practices: Family-centered or not?. **Exceptional Children**, **58** (2), 115-126.

McWilliam, R.A., McMillen, B.J., Sloper, K.M. and McMillen, J.S. (1997). Early education and child care program philosophy about families. In C.J. Dunst and M. Wolery (Eds.). **Family Policy and Practice in Early Child Care**. Vol. 9 in S. Riefel (Series Ed.), **Advances in Early Education and Day Care**. Greenwich, Connecticut: JAI Press.

Moore, T.G. (1996). Promoting the healthy functioning of young children with developmental disabilities and their families: The evolution of theory and research. **Family Matters**, **No. 44**, 20 -25.

Turnbull, A.P., Turbiville, V. and Turnbull, H.R. (2000). Evolution of family-professional partnerships: Collective empowerment as the model for the early twenty-first century. In J.P. Shonkoff and S.J. Meisels (Eds.). **Handbook of Early Childhood Intervention (2nd. Ed.)**. Cambridge, Massachusetts: Cambridge University Press.

Principles and practices of family-centred practice

A comprehensive review of the features of family-centred practice can be found in Section 2 of Moore (2004):

Moore, T.G. (2004). **Family Centred Practice in Early Childhood Intervention: A Family Perspective. A Review of the Research Literature**. Melbourne, Victoria: Centre for Community Child Health / Scope Inc.
www.rch.org.au/ccch
www.econnections.com.au

Other key books and articles include:

Bruder, M.B. (2000). Family-centered early intervention: Clarifying our values for the new millennium. *Topics in Early Childhood Special Education*, **20** (2), 105-115.

Dunst, C.J. (1995). **Key Characteristics and Features of Community-Based Family Support Programs**. Chicago, Illinois: Family Resource Coalition.

Dunst, C.J. (1997). Conceptual and empirical foundations of family-centered practice. In R. Illback, C. Cobb and H. Joseph (Eds.), **Integrated Services for Children and Families: Opportunities for Psychological Practice**. Washington, D.C.: American Psychological Association.

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). What is family-centred service? **CanChild FCS Sheet #01**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet1.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Myths about family-centred service. **CanChild FCS Sheet #02**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet2.pdf>

Rosenbaum, P., King, S., Law, M., King, G. and Evans, J. (1998). Family-centred service: A conceptual framework and research review. **Physical and Occupational Therapy in Pediatrics**, **18** (1), 1-20.

Session 3: The Experience of Receiving Service Readings and Resources

A comprehensive review of parental experiences of early childhood intervention services and family-centred practice can be found in Section 4 of Moore (2004):

Moore, T.G. (2004). **Family Centred Practice in Early Childhood Intervention: A Family Perspective. A Review of the Research Literature.** Melbourne, Victoria: Centre for Community Child Health / Scope Inc.
www.rch.org.au/ccch
www.ecconnections.com.au

Other key books and articles include:

Fialka, J. (2001). The dance of partnership: Why do my feet hurt? **Young Exceptional Children**, 4 (2), 21-27.

Johnson, H.C., Cournoyer, D.E., Fliri, J., Flynn, M., Grant, A.M., Lant, M.A., Parasco, S. and Stanek, E.J. (2003). Are we parent-friendly? Views of parents of children with emotional and behavioral disabilities. **Families in Society**, 84 (1), 95-108.

McWilliam, R.A. (1992). **Family-Centered Intervention Planning: A Routines-Based Approach.** Tucson, Arizona: Communication Skill Builders.

Sloper, P. (1999). Models of service support for parents of disabled children. What do we know? What do we need to know? **Child: Care, Health and Development**, 25 (2), 85-99.

Roush, J. (1994). Strengthening family - professional relations: Advice from parents. In J. Roush and N. D. Matkin (Eds.), **Infants and Toddlers with Hearing Loss: Family Centred Assessment and Intervention.** Baltimore, Maryland: York Press.

Turnbull, A.P. and Turnbull, H.R. (2000). **Families, Professionals, and Exceptionality: Collaborating for Empowerment (4th Ed.).** Upper Saddle River, New Jersey: Merrill / Prentice Hall.

Viscardis, L. (1998). The family-centred approach to providing services: A parent perspective. **Physical and Occupational Therapy in Pediatrics**, 18 (1), 41-53.

Session 4: Challenges in Implementing Family-Centred Practice Readings and Resources

Beckman, P.J. (2002). Providing family-centered services. In M.L. Batshaw (Ed.). **Children with Disabilities (5th Ed.)**. Baltimore, Maryland: Paul H. Brookes.

Darling, R.B. (2000). **The Partnership Model in Human Services: Sociological Foundations and Practices**. New York: Plenum / Kluwer Academic Publishers.

Dunst, C.J., Trivette, C.M. and Deal, A.G. (1989). **Enabling and Empowering Families**. Cambridge, Massachusetts: Brookline Books.

Duwa, S.M., Wells, C. and Lalinde, P. (1993). Creating family-centred programs and practices. In D.M. Bryant and M.A. Graham (Eds.), **Implementing Early Intervention: From Research to Effective Practice**. New York: The Guilford Press.

Epps, S. and Jackson, S. (2000). **Empowered Families, Successful Children: Early Intervention Programs That Work**. Washington, DC: American Psychological Association.

Hemmeter, M.L., Joseph, G.E., Smith, B.J. and Sandall, S. (2001). **DEC Recommended Practices Program Assessment: Improving Practices for Young Children with Special Needs and Their Families**. Longmont, Colorado: Sopris West.

Krauss, M.W. (2000). Family assessment within early intervention programs. In J.P. Shonkoff and S.J. Meisels (Eds.). **Handbook of Early Childhood Intervention (2nd Ed.)**. Cambridge, UK: Cambridge University Press.

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Becoming more family-centred. **CanChild FCS Sheet #04**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet4.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). 10 things you can do to be family-centred. **CanChild FCS Sheet #05**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet5.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Parent-to-parent support. **CanChild FCS Sheet #07**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet7.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Are we really family-centred? Checklists for families, service providers and organisations. **CanChild FCS Sheet #18**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet18.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Family-centred strategies for wait lists. **CanChild FCS Sheet #17**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet17.pdf>

Roberts, R.N., Rule, S. and Innocenti, M.S. (1998). **Strengthening the Family-Professional Partnership in Services for Young Children**. . Baltimore, Maryland: Paul H. Brookes.

Sokoly, M.M. and Dokecki, P.R. (1992). Ethical perspectives on family-centred early intervention. **Infants and Young Children**, 4 (4), 23-32.

Stonehouse, A. (2001). The agony and the ecstasy – exploring the nature of parent professional partnerships. In Centre for Community Child Health, **Partnerships for Children – Parents and Community Together**. Melbourne, Victoria: Centre for Community Child Health, Royal Children's Hospital.

Treloar, R. (Ed.)(1997). **Recommended Practices in Family-Centred Early Intervention**. Sydney, NSW: NSW Ageing and Disability Department and Australian Early Intervention Association (NSW).

Trivette, C.M. and Dunst, C.J. (2000). Recommended practices in family-based practices. In S. Sandall, M.E. McLean and B.J. Smith (Eds.). **DEC Recommended Practices in Early Intervention / Early Childhood Special Education**. Longmont, Colorado: Sopris West.

Turnbull, A.P. and Turnbull, H.R. (2000). **Families, Professionals, and Exceptionality: Collaborating for Empowerment (4th Ed.)**. Upper Saddle River, New Jersey: Merrill / Prentice Hall.

Session 5: Skills Needed in Implementing Family-Centred Practice Readings and Resources

Davis, H., Day, C. and Bidmead, C. (2002). **Working in Partnership with Parents: The Parent Adviser Model**. London: The Psychological Corporation.

Dunst, C.J., Boyd, K., Trivette, C.M. and Hamby, D.W. (2002). Family-oriented program models and professional helping practices. **Family Relations**, 51 (3), 221-229.

Dunst, C.J. and Trivette, C.M. (1994). What is effective helping? In C.J. Dunst, C.M. Trivette and A.G. Deal (Eds.), **Supporting and Strengthening Families. Vol. 1: Methods, Strategies and Practices**. Baltimore, Maryland: Paul H. Brookes.

Dunst, C.J. and Trivette, C.M. (1996). Empowerment, effective help giving practices and family-centered care. **Pediatric Nursing**, 22 (4), 334-337, 343.

Hornby, G. (1994). **Counselling in Child Disability: Skills for Working with Parents**. London: Chapman and Hall.

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Identifying and building on parent and family strengths and resources. **CanChild FCS Sheet #06**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet6.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Effective communication in family-centred service. **CanChild FCS Sheet #08**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet8.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Using respectful behaviours and language. **CanChild FCS Sheet #09**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet9.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Working together: From providing information to working in partnership. **CanChild FCS Sheet #10**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet10.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Negotiating: Dealing effectively with differences. **CanChild FCS Sheet #11**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet11.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Making decisions together: How to decide what is best. **CanChild FCS Sheet #12**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.

<http://canchild.interlynx.net/patches/FCSSheet12.pdf>

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Setting goals together. **CanChild FCS Sheet #13**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.

<http://canchild.interlynx.net/patches/FCSSheet13.pdf>

McWilliam, P.J., Winton, P.J., and Crais, E.R. (1996). **Practical Strategies for Family-Centered Intervention**. San Diego, California: Singular Publishing Group.

McWilliam, R.A. (1992). **Family-Centered Intervention Planning: A Routines-Based Approach**. Tucson, Arizona: Communication Skill Builders.

Porter, L. and McKenzie, S. (2000). **Professional Collaboration with Parents of Children with Disabilities**. Sydney, NSW: MacLennan and Petty.

Saleeby, D. (Ed.)(1992). **The Strengths Perspective in Social Work Practice**. White Plains, New York: Longman.

Saleeby, D. (1996). The strengths perspective in social work practice: Extensions and cautions. **Social Work**, 41 (3), 296-305.

Session 6: Conclusions Readings and Resources

Training resources

There are two Australian training resources, both developed in the context of early childhood intervention for children with developmental disabilities:

Partners: Recommended Practices in Family-Centred Early Childhood Intervention – Training Package (1998). Sydney, NSW: Ageing and Disability Department and Early Childhood Intervention Australia (NSW).

A Family-Centred Approach: A Professional Development Program for Early Intervention Workers (CD ROM) (2001). Melbourne, Victoria: Department of Human Services.

There are also several training packages developed in the US:

Bailey, D.B., McWilliam, P.J., Winton, P.J., and Simeonsson, R.J. (1992). **Implementing Family-Centred Services in Early Intervention: A Team-Based Model for Change**. Cambridge, Massachusetts: Brookline Books.

Bennett, T., Nelson, D.E., and Lingerfelt, B.V. (1992). **Facilitating Family-Centered Training in Early Intervention**. Tucson, Arizona: Communication Skill Builders.

Winton, P.J. (1992). **Working with Families in Early Intervention: An Interdisciplinary Preservice Curriculum (2nd. Ed.)**. Chapel Hill, North Carolina: Frank Porter Graham Child Development Center, University of North Carolina.

Books and articles on training in family-centred practice include:

Bricker, D. and Widerstrom, A. (Eds.) (1997). **Preparing Personnel to Work with Infants and Young Children and Their Families: A Team Approach**. Baltimore, Maryland: Paul H. Brookes.

McBride, S.L. and Brotherson, M.J. (1997). Guiding practitioners toward valuing and implementing family-centered practice. In P.J. Winton, J.A. McCollum and C. Catlett (Eds.). **Reforming Personnel Preparation in Early Intervention: Issues, Models, and Practical Strategies**. Baltimore, Maryland: Paul H. Brookes.

McBride, S.L., Sharp, L., Hains, A.H. and Whitehead, A. (1995). Parents as co-instructors in preservice training: A pathway to family-centred practice. **Journal of Early Intervention**, 19 (4), 343-355.

Pretti-Frontczak, K., Giallourakis, A., Janas, D. and Hayes, A. (2002). Using a family-centred preservice curriculum to prepare early intervention and early childhood special education personnel. **Teacher Education and Special Education**, 25 (3), 291-297.

Trivette, C.M. (1998). How much is enough: Training issues regarding family-centred practices. **Journal of Early Intervention**, 21 (2), 111-112.

Winton, P.J., McCollum, J.A. and Catlett, C. (Eds.) (1997). **Reforming Personnel Preparation in Early Intervention: Issues, Models, and Practical Strategies**. Baltimore, Maryland: Paul H. Brookes.

Family-centred practice in other services

Family-centred practice originally emerged in the context of family support programs and early childhood intervention services. However, the same core sets of principles and practices are emerging as best practice in a wide range of other human services. These include:

Family-centred care

Family-centred care is the term used to describe the application of family-centred principles in hospital and health-care settings.

Meyer, E.C. and Bailey, D.B. (1993). Family-centred care in early intervention: Community and hospital settings. In J.L. Paul and R.J. Simeonsson (Eds.). **Children with Special Needs: Family, Culture and Society (2nd Ed.)**. Fort Worth, Texas: Harcourt Brace Jovanovich.

O'Brien, M. and Dale, D. (1994). Family-centered services in the neonatal intensive care unit: A review of research. **Journal of Early Intervention**, 18 (1), 78-90.

Shelton, T. and Stepenek, J.S. (1994). **Family-Centred Care for Children Needing Specialised Health and Developmental Services**. Bethesda, Maryland: Association for the Care of Children's Health.

Smith, L., Coleman, V. and Bradshaw, M. (Eds.)(2002). **Family-Centred Care: Concept, Theory and Practice**. Basingstoke, Hampshire, UK: Palgrave.

For more information see the website of the *Institute for Family-Centered Care* - www.familycenteredcare.org - which shares information, facilitates problem-solving and promotes dialogue among individuals and organisations working toward family-centred care.

Patient-centred interviewing

Smith (2002) has developed an evidence-based method of teaching patient-centred interviewing skills to doctors and nurses

Smith, R.C. (2002). *Patient-Centered Interviewing: An Evidence-Based Method (2nd Ed.)*. Philadelphia, Pennsylvania: Lippincott, Williams and Wilkins.

The expert patient model

The UK Department of Health has developed a model that recognises that patients are experts in managing their lives and illnesses, and then trains them in self-management of their chronic conditions.

See www.doh.gov.uk/cmo/progress/expertpatient/index

Family-centred practice in child protection services

Berg, I.K. (1994). **Family-Based Services: A Solution-Focused Approach**. New York: W.W. Norton.

McCroskey, J. and Meezan, W. (1998). Family-centered services: Approaches and effectiveness. **The Future of Children**, 8 (1), 54-71.

Scott, D. and O'Neill, D. (1998). **Beyond Child Rescue: Developing Family-Centred Practice at St. Luke's**. Bendigo, Victoria: Solutions Press.

Family-centred services in schools

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). Fostering family-centred service in school. **CanChild FCS Sheet #16**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet16.pdf>

International family policy and practice

Much of the work done on family-centred practice is based on work with children who have additional needs and their families. Briar-Lawson and Lawson (2001) have adopted a much broader perspective and sought to identify a set of family-centred policies and practices that would be applicable to any family anywhere in the world.

Briar-Lawson, K. and Lawson, H.A. (2001). Families as experts and partners in the development, implementation, and evaluation of family-centered policies and practices. In K. Briar-Lawson, H.A. Lawson, C.B. Hennon, and A.R. Jones, **Family-Centered Policies and Practices: International Implications**. New York: Columbia University Press.

Evidence for the effectiveness of family-centred practice

A comprehensive review of the effectiveness of family-centred practice can be found in Section 3 of Moore (2004):

Moore, T.G. (2004). **Family Centred Practice in Early Childhood Intervention: A Family Perspective. A Review of the Research Literature**. Melbourne, Victoria: Centre for Community Child Health / Scope Inc.
www.rch.org.au/ccch
www.ecconnections.com.au

Other reviews and studies include:

Dunst, C.J. (1997). Conceptual and empirical foundations of family-centered practice. In R. Illback, C. Cobb and H. Joseph (Eds.), **Integrated Services for Children and Families: Opportunities for Psychological Practice**. Washington, D.C.: American Psychological Association.

Dunst, C.J., Trivette, C.M. and Jodry, W. (1997). Influences of social support on children with disabilities and their families. In Guralnick, M.J. (Ed.), **The Effectiveness of Early Intervention**. Baltimore, Maryland: Paul H. Brookes.

Law, M., Rosenbaum, P., King, G., King, S., Burke-Gaffney, J., Moning, J., Szkut, T., Kertoy, M., Pollock, N., Viscardis, L. and Teplicky, R. (2003). How does family-centred service make a difference? **CanChild FCS Sheet #03**. Hamilton, Ontario, Canada: CanChild Centre for Childhood Disability Research, McMaster University.
<http://canchild.interlynx.net/patches/FCSSheet3.pdf>

McBride, S.L. (1999). Research in review: Family centred practices. **Young Children**, **54** (3), 62-70.

Rosenbaum, P., King, S., Law, M., King, G. and Evans, J. (1998). Family-centred service: A conceptual framework and research review. **Physical and Occupational Therapy in Pediatrics**, **18** (1), 1-20.